

Good Faith Estimate (GFE)

The “Good Faith Estimate” of what you could pay if you choose to enter treatment is as follows:

I, _____ understand that Julian Chavez-Gamez with J C Gamez Therapy, PLLC, my clinician may provide the following services:

- Initial Assessment
- Individual Psychotherapy

Here are the typical diagnoses treated at J C Gamez Therapy, PLLC: major depressive disorder (F32. 9), anxiety disorder, unspecified (F41.9), generalized anxiety disorder (F41. 1), adjustment disorders (F43), posttraumatic stress disorder (F43. 1), Bipolar I and II disorder (F31 and F31.81); please note your diagnosis will be determined based on an individual assessment provided to you at the commencement of services. Frequent CPT Codes used: 90834 or 90837

My hourly rate for the service above is \$120 per initial assessment, and \$120 per session. The frequency and duration of treatment may vary depending on your specific diagnosis and treatment objectives. The following serves as an estimate for 24 weeks of psychotherapy treatment. At \$120 per session, seen biweekly, we can estimate you will be seen 12 times. \$120 x 12 means you can expect to be charged around \$1,440 for 12 sessions + the initial assessment fee of 120 with a grand total of \$1,560.

- This represents a “good faith estimate” only of the total annual amount you may be asked to pay and is NOT a contract. It is only an estimate.
- The actual number of visits per year may vary significantly depending on the frequency of visits.
- If there is a dispute about this estimate, you may contact the Department of Health and Human Services within 120 days of the service outlined in this estimate.

Should you have additional questions about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises or call the “No Surprises” Help Desk at 800-985-3059.

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